



Ivanhoe Robins Junior Athletics Club

Code of Conduct for Athletes and Parents/Guardians

To ensure both the safety and enjoyment of all our young athletes we not only expect our coaching staff to follow a code of conduct, but we also expect the young athletes and parents/guardians to follow a code of conduct.

Code of Conduct for Athletes

As a responsible athlete you will:

1. Respect the rights, dignity and worth of every athlete, coach, technical official and volunteers involved in athletics and treat everyone equally.
2. Listen with interest during training sessions and carry out requests properly. This is for your benefit to minimise the risk of injury to yourself and others.
3. Register your attendance with the appropriate staff, before every training session. It is important we have a record of your attendance.
4. Be responsible for your own needs including being organised, having appropriate equipment and being on time.
5. Consistently promote positive aspects of athletics such as fair play.
6. Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others.
7. Challenge inappropriate behaviour and language by others.
8. Wear your club colours whilst out at race meetings, Sportshall or track events and display courtesy and good manners towards others.
9. Let us know if you will be absent in a training session due to competing in school/club event so that you can be given an attendance mark.
10. Avoid carrying any items that could be dangerous to yourself or others, excluding athletics equipment used in the course of your athletics activity.
11. Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and Club Welfare Officer as soon as possible.
12. Report any suspected misconduct by coaches or other people involved in athletics to the club welfare officer as soon as possible.
13. Strictly maintain boundaries between friendship and intimacy with a coach, volunteer or official.
14. Always thank the coaches, volunteers and officials who enable you to take part in athletics.



Code of Conduct for Parents/Guardians

As a responsible Parent/Guardian or other supporter you will

1. Respect the rights, dignity and worth of every athlete, coach, technical official and volunteers involved in athletics and treat everyone equally.
2. Cooperate fully with others involved in the sport such as coaches, officials, team managers in the best interests of the athlete.
3. Remain in the school during the training session if your child is under the age of 10.
4. Make prompt payment of subs, and if your child sadly loses interest (which we hope does not happen) then you will inform us of the decision to allow us to replace your position with the many on our waiting list.
5. Encourage your child to learn the rules of athletics.
6. Never place undue pressure on your child to perform, participate or compete.
7. Consistently promote positive aspects of athletics such as fair play.
8. Help your child to recognise good performance, not just results.
9. Take an active interest in your child's participation and attend training or competitions wherever possible.
10. Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer.
11. Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance.
12. Be aware that my attitude and behaviour directly affects the behaviour of the child and other young athletes.
13. Use correct and proper language at all times and challenge inappropriate behaviour and language by others.



Ivanhoe Robins Junior Athletics Club

Code of Conduct for Coaches, Club Officials and Volunteers

As a responsible Athletics Coach, Club Official or Volunteer you will:

1. Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
2. Ensure there is a balance between the development of performance and the social, emotional, intellectual and physical needs of the individual.
3. Be responsible for the setting of boundaries between working relationships and friendships with the athletes. This is particularly important when working with young athletes.
4. At the outset, clarify with athletes exactly what is that is expected of them and what athletes are entitled to expect from you.
5. Have or be working towards a recognised UK Athletics coaching or officials qualification.
6. Try to observe a recommended maximum ratio of 1 coach to 12 athletes at a training session or work in partnership with another coach/coaching assistant.
7. Encourage a spirit of fair play and good sportsmanship. Preparation of athletes for success and failure is vital. Never condone rule violations or the use of prohibited age-inappropriate substances.
8. Recognise that you may have access to confidential information about the athletes and members and that confidentiality must be maintained at all times.
9. Not exert undue influence over the athletes in order to gain personal benefit or reward.
10. Take responsibility for the general safety of all athletes in your care. Equipment and conditions within the working environment should be checked in accordance with usage guidelines.
11. Consistently display high standards of behaviour, language and appearance and will challenge inappropriate behaviour and language by others.
12. Not leave yourself open to question especially when working with younger athletes by:
 - Staying alone in a room with an athlete
 - Take an athlete in a car, on your own.
 - Excessive handling or touching beyond the needs of good coaching of the athlete within your care.
13. Raise any Child Protection issues with the Child Protection Officer, in accordance with the clubs policies.



14. Report any suspected misconduct by other coaches or other people involved in athletics to the Club Welfare Officer as soon as possible.
15. Report any accidental injury, distress, misunderstanding or misinterpretation to the parents/carers and Club Welfare Officer as soon as possible.

In addition to these, Officials or volunteers will:

1. Arrive in good time for the competition and report to the official in charge.
2. Work in a spirit of cooperation with the other officials and do not interfere with their responsibilities.
3. Encourage and guide athletes to accept responsibility for their own performance and behaviour.
4. Keep up to date with any changes in the relevant competition rules and seek the advice of others if necessary.
5. Be fully prepared for the officiating task that is assigned to you.
6. Carry out your duties in an efficient and non-abrasive manner.
7. Conduct the event in accordance with the rules and with due respect to the welfare of the athlete.



Ivanhoe Robins Junior Athletics Club

Code of Conduct for Athletics Clubs

As a responsible Athletics Club we will:

1. Adopt National welfare policies and procedures, adhere to the codes of conduct and respond to any suspected breaches in accordance with the Welfare Procedures.
2. Appoint a Welfare Officer, preferably two, one male and one female, and ensure that they are provided with appropriate training to act as a first point of contact for concerns about welfare issues.
3. Ensure that all coaches and volunteers operating within the club environment hold the appropriate qualifications and have undertaken the appropriate checks e.g. DBS checks, licences and qualifications
4. Ensure club officers attend recommended training in welfare and safeguarding and protecting children as appropriate.
5. Ensure that Club Officers always act responsibly and set an example to others including younger members.
6. Respect the rights, dignity and worth of every club member and others involved in athletics and treat everyone equally.
7. Consistently promote positive aspects of athletics such as fair play.
8. Challenge inappropriate behaviour and language by others.
9. Place the welfare and safety of the athlete above other considerations including the development of performance.
10. Report any suspected misconduct by club officials, coaches, official or other people involved in athletics to the Club, Regional, National or UKA welfare officer as soon as possible